

OMAHA & NEBRASKA LOCAL STROKE RESOURCES

Nebraska Medicine Stroke and Neurovascular Center

987400 Nebraska Medical Center, Omaha, NE 68198

Methodist Hospital Stroke Program

8303 Dodge Street, Omaha, NE 68114

CHI Health Stroke Care

Certified stroke centers across Nebraska and Iowa

Nebraska Stroke Association

Education, support groups, and survivor resources

Website: www.nebraskastroke.org

CLOSING MESSAGE

A stroke can happen suddenly, but awareness, prevention, and community support save lives.

Closing Call-To-Action

- Learn F.A.S.T.
- Get your blood pressure checked
- Talk to your family
- Share this episode
- Check on someone recovering

Closing Thought

"Your health is wealth, and relationships are part of healing. Awareness today could save a life tomorrow."